Regression testing: whenever customer make any changes to the software or any bug fix arise, chances are there new bug might be introduced in the old features, so we test the new change made and then we will also test the old features by re-excuting the test cases. This rpcess is called as Regression Testing.

Sanity is a subset of Regression Testing.

Regression testing is a standard testing.

Smoke Testing is High level testing, positive Testing only

Sanity Testing is a deep and narrow testing. Both Positive and Negative Testing.

Regression Testing is standard testing, where we write test cases as well as re-execute test cases.